

# Executive Function Skills Foundation for Learning & Adaptation



**June 15, 2017 ● At Metro ECSU**

**12:00—3:00 (11:30 am check in) Snacks provided.**

12:00—2:00 Executive Function Foundation

2:00—3:00 Demonstration of Executive Function Assessment Tool —  
Minnesota Executive Function Scale™ (MEFS)

**Attend this workshop to learn about Executive Function skills for children, what they are, why they're important, how they develop, and how to use a measurement tool to identify and support strengths and areas for improvement.**

**Executive Function refers to social emotional learning** and the neurocognitive skills that are most vital to academic and life success. These skills, which can be taught and learned, are centered on attention, impulse control, working memory, and cognitive flexibility.

Executive Function skills make it possible for children to learn effectively and efficiently in a classroom context, and they protect children against academic failure associated with socioeconomic status.

### **Key Ideas:**

- **What is Executive Function?**
- **Why should we measure it?**
- **What is the MEFS?**
- **How is the assessment tool different?**
- **How are districts using it?**

*The MEFS, a 5-7 minute assessment, was everything we were looking for — a reliable, predictive and normed assessment that children actually enjoy taking.*

Elizabeth R. Santini,  
Convent of the Sacred Heart

***District and school administrators, early learning coordinators, curriculum directors, social workers, and other leaders will want to attend this workshop.***

**Presenter Stephanie M. Carlson, PhD** co-founder and CEO of Reflections Sciences, is a developmental psychologist and professor at the Institute of Child Development, U of MN. She is an internationally recognized leader in Executive Function measurement in preschool children. The National Institutes of Health, Institute of Education Sciences, John Templeton Foundation, and the Character Lab have supported her work. Dr. Carlson is a Fellow of the American Psychological Association and the Association for Psychological Science, and serves on multiple editorial and advisory boards in the child development field.

### **Registration Fee & Contact Information:**

\$30 Metro ECSU Member; \$60 Non-member

**Register online:** <http://metroecsu.myquickreg.com/register/event>

**Registration Deadline:** June 15, 2017

**Cancellation Deadline:** June 13, 2017

**Program Contact:** Susan Frame, 612.638.1543, [susan.frame@metroecsu.org](mailto:susan.frame@metroecsu.org)

**Location:** Metro ECSU (Anderson Center, Bethel University), 2 Pine Tree Dr, Arden Hills, MN 55112



*In compliance with the Americans with Disabilities Act, when special accommodations are needed, contact Susan Frame (612-638-1543 or [susan.frame@metroecsu.org](mailto:susan.frame@metroecsu.org)) at least two (2) weeks before the event date. Special accommodation cancellation notices are accepted no later than two (2) business days before the event date. Cancellations after the deadline will be billed for special accommodations fees.*